

# Mt. Norikura

乗鞍岳

Mt. Norikura that means “Japanese horse saddle” is located  
on the southern tip of the North Alps.  
It has 23 peaks, seven lakes, and eight plateaus.

**Open from May 15 to October 31**

Access by regular vehicles is restricted to protect the natural environment.





**POINT** Mt. Norikura is a treasure trove of alpine plants.



**Black lily**  
In season from early July to early August.



**Meadow buttercup**  
In season from late July to early August.



**Dicentra peregrina**  
In season from mid-July to mid-August.

**③ Flower garden**

Various types of alpine plants are in full bloom from mid-July to early August. There is a wooden footpath that takes about 30 minutes to walk one circuit.



**Norikura Bus Terminal  
Norikura Tatamidaira**



**③ Flower garden**

**Norikura Hongu Shrine  
Nakanosha**



Mt. Norikura is also well-known as a mountain of worship. Come and visit this shrine before your climb.

**① Katanokoya Hut**

It is a tough climb after this hut, so it is great to make a rest stop here. It also has an eatery and shops.



**② Kodamadake Peak**

It takes about 30 minutes to climb from here to the top of Mt. Norikura (Kengamine summit). The climbing path is wide, so you can take a relaxing break during your climb.



**Gongenike Pond**

This is one of the few crater lakes at a high altitude in Japan.

**③ Kengamine**

This is the 19th highest mountain in Japan. On fine days, you can see not only Mt. Fuji, but also many other famous Japanese mountains.



The beauty of the landscape during sunrise from the 3,026 meter high summit is outstanding.



**Hoonoki Daira**

Bus terminal/Parking lot

Shuttle Bus  
15 mins

**Okuhida Onsen-go**

Hirayu Bus terminal

To Norikura Bus Terminal /45mins  
¥2,300(Round trip)

**Norikura Skyline**

No private vehicles allowed



The route to the Norikura Bus Terminal follows the Norikura Skyline that is a total of 14.4 km long. To get to Hirayu Bus Terminal, you change buses at Hohnokidaira Bus Terminal.



Panorama of Norikura Bus Terminal (Tatamidaira)

**① Turugaikae Pond**

This pond is the symbol of Mt. Norikura. On clear days, the mountain is reflected on the surface of the water, making it look even more stunning.



**② Mt. Fujimi**

From the summit, you can look down onto the fields of flowers and lakes around the bus terminal. On clear days, you can see a panoramic view of the North Alps.



**POINT**



**Mt. Maoo**  
This peak is the closest to the bus terminal and you can reach the top in about 15 minutes one way. It is great for children and beginners too.

**POINT**



**Mt. Daikoku**  
This peak is 20 minutes from the bus terminal. It is also popular for its beautiful view of the sunrise.



**"Flower garden & Light Trekking" Course**

Distances / 6.7km Duration / 2h

(Start) Norikura Bus Terminal

▼ 5 minutes on foot

① Turugaikae Pond

▼ 5 minutes on foot

② Mt. Fujimi

One way to the top of the mountain on

▼ 20 minutes on foot

③ Flower garden  
One lap / 40 minutes

▼ 5 minutes on foot

(Goal) Norikura Bus Terminal

**"Top of the Mt. Norikura" Climbing trail**

Distances / 6km Duration / 3h

(Start) Norikura Bus Terminal

▼ 35 minutes on foot

① Katanokoya Hut

▼ 50 minutes on foot

② Kodama

▼ 1 hour 35 minutes on foot

③ Kengamine  
The Summit of a Mt. Norikura

(Goal) Norikura Bus Terminal



Hut



Bus stop



Toilet



Restaurant



Coffee shop



Souvenirs shop